

LESSON NOTES

GRADE 4,5, AND 6

In which book of the Bible did our story come from today?

Where did Jesus go to pray?

How many times did He go to pray?

EXERCISE 1:

Do you have something going on in your life that you need prayer for?

Take some time to pray for that specific thing.

EXERCISE 2:

Do you know of somebody that needs prayer?

Maybe a friend from school, your grandparents, or someone that lives far away.

Take some time to pray for them.

EXERCISE 3:

Find a quiet spot in your house (maybe your bedroom or basement).

Set a timer for 10 minutes.

Then sit quietly with no distractions and listen to what God has to say to you.

**JUST LIKE JESUS WENT BACK TO THE GARDEN TO
PRAY.....**

WE NEED TO PRAY TO GOD EVERY DAY.

**IF YOU HAVE A PRAYER REQUEST OR YOU HAVE A SPECIAL
MOMENT IN PRAYER**

PLEASE SHARE IT WITH US!

You can email us at grow@gmchurch.ca